

26 April 2022

Dear Parents and Carers

RSE curriculum

As a part of your child's education at Outwood Academy Normanby, we promote personal wellbeing and development through a comprehensive Life education programme. The Life curriculum which encompasses RSE, Health education, Citizenship and Religious Education is the personal development area that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that your child's class will be taking part in lessons focusing on the relationships and sex education (RSE) aspect of this programme. RSE lessons in Years 9 and 10 will include teaching about healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

In addition to these lessons covered in life, we will have two facilitators from Brook coming to school to provide students with an introduction to sexual health. This will take place during lesson time on Monday 9 May for Year 9, and Monday 16 May for Year 10.

RSE and Health education is taught throughout the school in every year group and is monitored and reviewed regularly. As a school community, we are committed to working in partnership with parents; parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, please contact Mrs Day at the email address below.

Yours faithfully



Mrs Emily Day

Teacher of Science

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