

7 September 2023

Dear Parent/Carer,

Nut Free School – Request for your Help

We have a number of students joining us at Outwood Academy Normanby this year who have a severe nut allergy.

Children who suffer from nut allergies can develop a severe, potentially life-threatening, allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

To keep all our students safe, we cannot therefore have nuts in school, in any form.

If your child brings a packed lunch or comes into the academy with any snacks, can you please ensure that no nut products are included.

Nut products are often found in foods such as cookies, biscuits, chocolate bars, nutella style chocolate spreads, cakes, cereal / granola bars, peanut butter, satay. This is not an exhaustive list and details can be found on the product description on the packaging.

We appreciate this is an additional thing to check but we know that you will recognise the importance of it.

Thank you in advance for your support in keeping our students safe.

Yours faithfully,

Mark Robinson
Principal